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## SCHOOL-AGED SOAP:

<u>SUBJECTIVE</u>	<u>OBJECTIVE</u>
<p>_____ yo here with (guardian) for school-aged WCC</p> <p>Interval history Current familial stressors Allergies Bx: parent-child relationship, socialization with friends, siblings Development: <a href="#">See notes</a> School Favorite activities include: Sleep: hrs/night, self-soothing, location Nutrition: favorite foods, breakfast, adequate protein, hydration, limited soft drinks/juice Safety: knows guardian telephone #, uses seat belt/car seat, +helmet, +swim lessons, +sunscreen, -tobacco/etoh/abuse, -falls, -guns, -lead, -DV Oral health: +dental home, +fluoride No parental concern for vision or hearing. Supplements: +Vit D drops, +iron, +MV Increasing chores, responsibilities Screen time estimated at IZ UTD? TB risk?</p> <p>Parental well-being and familial support assessed. Resources being utilized: school programs, after-school, etc.</p>	<p>Impression: well-developed, well-nourished, in no apparent distress Vital Signs: temp, pulse, RR; plot height, weight, BMI</p> <ul style="list-style-type: none"><li>• <i>General</i>: activity, color, nutritional status, interaction with guardian, dysmorphology.</li><li>• <i>Skin</i>: texture, -bruises, -rash, -scar</li><li>• <i>Head</i>: hair distribution, head shape</li><li>• <i>Eyes</i>: size, cornea/iris normal, clear lens and cornea, retina visualized, +red reflex, -strabismus, +PERLL(A), -discharge, EOM intact</li><li>• <i>Ears</i>: clear external auditory canals, pinnae normal shape, no pre-auricular pits or skin tags. TM's visualized, pink-grey bilaterally with COL. No erythema or discharge.</li><li>• <i>Nose</i>: septum midline, normal pink mucosa, -polyps, -d/c</li><li>• <i>Mouth/Throat</i>: #teeth w/ -caries, tonsil size/exudate, buccal mucosa moist, +gag reflex. -PND, OP w/ no signs of erythema or ulceration. Uvula midline. Tonsil size +1. Normal movement of soft palate.</li><li>• <i>Neck</i>: Grossly non-swollen, trachea midline, no palpable masses/cyst, nodes, ROM normal, no lymphadenopathy or masses.</li><li>• <i>Chest</i>: Symmetrical structure, clavicle intact, -supernumerary nipples.</li><li>• <i>Lungs</i>: CTAB, no stridor, wheezes, crackles, or rubs; good air mvmt.</li><li>• <i>CV</i>: RRR, no murmur, +cap refill, 2+ pulses in all extremities</li><li>• <i>GI / Abdomen</i>: Soft, non-tender, non-distended; no rebound tenderness, masses, -HSM, +rectal tone.</li><li>• <i>GU (male)</i>: (un)circumcised with normally placed urethral meatus. Bilaterally descended testes; no hernias, no hydroceles. -dysuria, -frequency, -urgency, -discharge, -CVA</li><li>• <i>GU (female)</i>: labia majora, minora intact, hymen seen, -dysuria, -freq, -urgency, -d/c, -CVAT. <b>Tanner Stage</b> _____.</li><li>• <i>MSK</i>: Symmetry, ROM, nails, -scoliosis, -joint swell, -clubbing</li><li>• <i>Neuro</i>: No focal deficits, pt moves all extremities symmetrically with appropriate tone; DTRs with -tremor/clonus; +sensation.</li><li>• <i>Psych</i>: Mood stable, -depression, -school difficulties</li></ul> <p>PROBLEM LIST</p> <ol style="list-style-type: none"><li>1. HCM</li><li>2. List other issues here.</li></ol>